

BOOK REVIEWS

IN CHARGE OF
M. E. CAMERON



MORE THAN YOU KNOW ABOUT YOURSELF: A MANUAL OF THE TRIPLE SCIENCES—PHYSIOGONOMY, PALMISTRY, AND ASTROLOGY. With Illustrations and Miscellaneous Articles. By Emeline A. Knapp.

THIS book is for the frivolous and curious, those who still want to be amused and diverted; incidentally you may sharpen your wits and cultivate your powers of observation under its teaching, but most of all you will find it an interesting and relaxing entertainment. The title calls for an author in black velvet and ermine, with an owl, a cat, and a broom-stick somewhere in the background, but she discovers herself as a most practical twentieth-century person who shows you a number of things which you might see for yourself, only you are not likely to, and tells you what they mean, how they modify and counterbalance each other. Long after you have exhausted the book you continue to amuse and instruct yourself by verifying your observations on the characteristics and idiosyncrasies of your friends and acquaintances. To those who prefer to look into the past or the future will appeal the chapter on "Palmistry," which teaches enough of the occult science to make one a terror to one's credulous friends or help dispel the dulness that sometimes follows too good a dinner. Miss Knapp has our congratulations and warmest thanks for her book.

BACTERIOLOGY IN A NUTSHELL: A PRIMER FOR JUNIOR NURSES.

Compiled and arranged by Mary E. Reid, Graduate Nurse, late superintendent Thomas Hospital Training-School for Nurses, Charleston, W. Va.; assistant instructor in general nursing, Woman's Branch of the German Hospital, Cincinnati, O.

Miss Reid is very modest in her choice of a title to her excellent little book on bacteriology. We can assure those who are interested that this "nutshell" holds a great deal, and that the book is well worth knowing. Making no pretensions to be anything more than a primer, it is so comprehensive and so simple that the student gets a good idea of the bigness of the subject, and is much more liable to go on intelligently than if she had grappled with it in a larger and more scientific book. In

every page there is evidence of care and painstaking. One feels that the writer is a most conscientious teacher and one who will be satisfied with nothing less than success. There is also evidenced in the book a spirit of loyalty to the writer's profession of nursing which cannot fail to make itself felt. The arrangement into short chapters with a summary at the end of each and followed by questions for review makes it very easily kept in mind, at the same time the questions are so few as to be mere pointers or hints to the memory. It is rather unfortunate that the first edition should contain a number of errors in the printing, but we hear that the second edition, fully revised and corrected, is nearly ready. The dedication and the opening lines of the introduction are given in full, as they so well introduce Miss Reid as a nurse to the readers of the JOURNAL:

"To Charlotte A. Aikens, superintendent of Iowa Methodist Hospital, Des Moines, Ia., general director of the 'Graduate Nurses' Hospital Extension Course' and associate editor of the *National Hospital Record*, to whose suggestion this booklet owes its origin; and to my dear friend and old superintendent, Sister Emilié Koch, of the German Hospital, Cincinnati, O., 'Bacteriology in a Nutshell' is most affectionately dedicated."

"In compiling this small primer of bacteriology for junior nurses the work along bacteriological lines prepared as one of the members of the class of students of the 'Graduate Nurses' Hospital Extension Course,' in October, 1903, has been used as a basis. Nothing new in the way of theory has been attempted. Much rather would the writer join the ranks of her sister nurses who so bravely have enlisted to help the noble army of physicians and surgeons fight a victorious warfare against that branch of the bacteria family called 'disease germs.' Most gladly would we all as nurses see these tiny foes to health destroyed forever."

